

By accepting this Disclaimer, You acknowledge and agree that by undertaking this exercise program (including but not limited to the use of any equipment purchased or supplied to You from Studio Athletica ("SA") ("Equipment")), you do so at your own risk.

While every effort is made by SA to ensure that the exercise program is designed within the post-operative guidelines (as set by your surgeon), SA makes no representations about the content and suitability of this program for You specifically. This program (together with or without the above mentioned Equipment) is provided to You by SA 'as is' and without express or implied warranty.

SA is not a licensed medical care provider and represents that it has no expertise in diagnosing, examining or treating medical conditions of any kind or in determining the effect of any specific exercise on a medical conditions including but not limited to post-operative care.

You agree and understand that when participating in any exercise or exercise program, there is the possibility of physical injury. If You engage in this exercise or exercise program You agree that You do so at your own risk and You assume all risk of injury and agree to release and discharge SA from any and all claims or causes of action, known or unknown arising out of SA's negligence.

In no event shall SA be held liable for any personal injury or loss whatsoever in nature arising out of or in connection with You undertaking this exercise or advice contained in this program.